10 Principles of Rapid Skill Acquisition

- Choose a lovable project
- Eliminate barriers to practice
- Focus your energy on one skill at a time
- Make dedicated time to practice
- Define your target performance level
- Create fast feedback loops
- Deconstruct the skill into subskills
- Practice by the clock in short bursts
- Obtain critical tools
- Emphasize quantity and speed

What are you going to practice today?

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